



#4 2025: Neurodiversity: Understanding Strengths & Busting Myths

Speaker: Amanda Jackson, Beacon Mental Health

Date: Tuesday 8th April 2025

Time: 10.00am GMT / 1.00pm GST

Duration: 45 minutes

This session will help build awareness around how to create neuro-inclusive workplaces to realise the potential of all employees to enable all individuals to thrive and feel able to become involved with innovation. We will look at what neurodiversity means in the context of the workplace, how by using a strengths-based approach this can give businesses a strategic edge and ensuring the words we use aren't harmful stereotypes due to myths we believe.

Ways to get in touch or find out more

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Amanda is a highly experienced and accredited trainer, coach, and facilitator specialising in improving workplace productivity through both neurodiversity and mental health awareness courses as well as manager development. With a proven track record of working with businesses of all sizes, Amanda empowers organisations to create supportive, inclusive environments that enable employees to thrive. Passionate about fostering healthier workplaces, Amanda delivers impactful training programs that equip teams with the tools they need to enhance well-being, improve performance, and support diverse talents.

Dial-in details as follows:

Join Zoom Meeting

<https://us02web.zoom.us/j/88236568831?pwd=dU0zK25GZWl3bGlHUFEzSlZnRVBpUT09>

Meeting ID: 882 3656 8831

Future Sessions:

- **6th May:** From books to reality, business lessons learnt and applied - David Fitzpatrick
- **10th June:** Marketing your ideas, Margaret Bradshaw